



ICCO CLINIC OF ORTHOPAEDICS

500059, Str. Scolii nr. 8, tel. +4 0268 401200/ +4 0268 445584; fax: +4 0268 401204

email: [ortopedie@clinicco.ro](mailto:ortopedie@clinicco.ro); [www.clinicco.ro](http://www.clinicco.ro)

Herein under are the documents and the investigations required for admission:

**1. MANDATORY – the National Health Insurance Card**

**2. Hospital admission letter from the family physician/consultant**

**3. For:**

- employees: certificate from the workplace that includes the days of medical leave taken during the last 12 months
- retired persons: the last pension slip
- persons retired on medical grounds: the latest pension slip and a copy of the retirement decree
- pupils and students: certificate from the educational institution and a copy of the school report card
- individually insured people: the last receipt of direct payment or a certificate from Brasov County Insurance Fund certifying that the person is insured
- unemployed persons residing outside Brasov County: certificate from the County Insurance Fund of the county in which they reside

**4. Identity card**

**5. CD with the NMR**

**6. All the medical documentation that you possess (specialty exams for the diseases you have, other than the orthopaedic condition, hospital discharge letters, medical letters, ultrasound, tomographies or any other investigations)**

**8. Lab work:**

- Blood count
- Erythrocyte sedimentation rate (ESR)
- Bleeding time
- Clotting time
- Glycaemia
- Fibrinogen

**ATTENTION**

During the two weeks preceding surgery:

- you might have to stop any treatment that inhibits blood coagulation, including aspirin, ibuprofen, naproxen etc.
- ask the doctor which medicine you should continue to take even on the day of the surgery
- if you suffer from diabetes, heart diseases or other conditions, the surgeon might ask to contact your attending physician

**ADMISSION**

DATE:

TIME: 15:00

**ADVICE FOR PATIENTS**

Upon admission you will need:

- personal hygiene products (towel, non-slippery slippers, toothbrush etc.), 2-3 pyjamas and a mug
- the medicines you are taking for your chronic diseases

Upon admission you are not allowed to bring in:

- food (including fruit)

WE RECOMMEND:

- that you do not bring jewellery
- that you do not wear nail polish