



ICCO CLINIC OF ORTHOPAEDICS

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Herein under are the documents and the investigations required for admission:

**1. MANDATORY – the National Health Insurance Card**

2. Hospital admission letter from the family physician/consultant

3. For:

- employees: certificate from the workplace that includes the days of medical leave taken during the last 12 months
- retired persons: the last pension slip
- persons retired on medical grounds: the latest pension slip and a copy of the retirement decree
- pupils and students: certificate from the educational institution and a copy of the school report card
- individually insured people: the last receipt of direct payment or a certificate from Brasov County Insurance Fund certifying that the person is insured
- unemployed persons residing outside Brasov County: certificate from the County Insurance Fund of the county in which they reside

4. Identity card

5. Cardiologic exam (ECG, medication)

6. X-rays, CD with the NMR and the CT scan (if you have them)

7. All the medical documentation that you possess (specialty exams for the diseases you have, other than the orthopaedic condition, hospital discharge letters, medical letters, ultrasound, tomographies or any other investigations)

8. Lab work:

- Blood count
- Erythrocyte sedimentation rate (ESR)
- Bleeding time
- Clotting time
- Glycaemia
- Urea
- Creatinine
- Fibrinogen
- Prothrombin time
- Liver tests
- Urinalysis
- Urine culture\*
- Throat culture\*

\* These tests should be performed at least 10 days prior to the date of admission in order to find and treat any potential infections. Any potential infections can be treated by your family physician.

**ATTENTION**

During the two weeks preceding surgery:

- you might have to stop any treatment that inhibits blood coagulation, including aspirin, ibuprofen, naproxen etc.
- ask the doctor which medicine you should continue to take even on the day of the surgery

- if you suffer from diabetes, heart diseases or other conditions, the surgeon might ask to contact your attending physician

## **ADMISSION**

DATE:

TIME: 15:00

## **ADVICE FOR PATIENTS**

### Upon admission you will need:

- personal hygiene products (towel, non-slippery slippers, toothbrush etc.), 2-3 pyjamas and a mug
- the medicines you are taking for your chronic diseases

### Upon admission you are not allowed to bring in:

- food (including fruit)

## WE RECOMMEND:

- that you do not bring jewellery
- that you do not wear nail polish

## METHOD OF PAYMENT

**On May 9, 2015 Law 70/2015 entered into force and it regulates the matter of cash collection and payment. This law limits the collection of money from natural persons, i.e. the maximum cash amount that can be collected for a service is of 10,000 lei.**

Therefore, we recommend that you take into consideration the following methods of payment:

- payment order submitted to your bank
- debit card – for this you have to be aware of the daily maximum limit imposed by the issuing bank
- bank transfer (online banking)